## **LHS Football - Tradition Unparalled**



"Friday Night Lights" at Foyle - Kling Field typically hosts crowds of several thousand people to watch some of the best AA football in NYS

### **Lancaster Youth Football Camp**

(Campers that will be in grades 2 - 6 for 24-25 school year)

CAMP DATES - Mon. 7/8/24-Thurs. 7/11/24

9:00AM - 12:30PM

**Lancaster High School Football Practice Fields (1 Forton Drive)** 

Cost: \$150 (if paid by 5/1/24) \$165 (if paid after 5/1/24)

#### **Lancaster Football**

Grades 7, 8, 9 & 10 (Modify Freshmen & JV players 'Fall '24)

**CAMP DATES -Mon. 7/8/24-Thurs. 7/11/24** 

9:00AM - 12:30PM

**Lancaster High School Football Practice Fields (1 Forton Drive)** 

Cost: \$150 (if paid by 5/1/24) \$165 (if paid after 5/1/24)

All campers will receive a "Legends in the Making" T-shirt AND Lancaster Football shorts". Lancaster Football Baseball hats will be available for campers and families to purchase AFTER the last day of camp

Lancaster Football Team Camp Players entering 7th & 8th grade (modified) and 9th & 10th (freshman and JV) will be on separate fields and will begin instruction designed to help them learn the drills and scheme that will be taught during the season.

The Team Camp will teach incoming Freshman and JV players the LHS base offense & defense in addition to the base skills and drills the players will use throughout the season. This camp also allows the LHS football staff the opportunity to get to know the upcoming players.

# LHS Football Camp 2024

This non-contact football camp is designed for players 7-15 years of age. The goal of the camp is to introduce young players to the fundamentals of the game of football. The importance of good sportsmanship, hard work and having FUN will be stressed and each camper will receive a Lancaster Legends Football T-Shirt. There will be a punt, pass and run competition with daily prizes. Talks each day will be centered around the core values of Lancaster Football which include hard work, discipline and the power of doing everything with high energy and a positive attitude.





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T-shirt AND Lancaster Football shorts.

### **Mission of Lancaster Football:**

To use the game of football to help build men of character prepared to be champions in the game of life.



In his first eight seasons as head coach of Lancaster Football Eric Rupp has guided the legends to five Section VI AA Championships and a 73-12 overall record. The Legends played at the NYS finals at the Carrier Dome in 2017. In 2019 Rupp was named the Buffalo Bills high school coach of the year. Coach

Rupp was an All-NYS player at LHS in 2002 and he played collegiately at Allegheny College. In addition to being the head coach, Coach Rupp is also the athletic director at LHS and can be reached at erupp@lancasterschools.org or on twitter @lhscoachrupp.

Email questions to: Lancasterlegendsfootball@gmail.com
Text or call Coach Mansell at 716.698.8089 • X (TWITTER): @coachrupp45